

Pointers for the UNSETTLED, UNSITUATED, & UNCERTAIN



UNSETTLED

- Remember that life is dynamic and in a constant state of flux.
- Generate provisional assessments based on your current perspective, knowledge, and desired outcome. Reassess when you get new information or a different view.
- Recognize that everything is a work-in-progress, including you.

UNSITUATED

- Identify and actively pursue what you want (your juicy desired outcomes).
- Explore what you don't know since that is a much bigger playing field than what you know.
- Take on the role of a quester—someone who asks big questions in order to try to solve a worthy problem or create something new.



UNCERTAIN

- Don't just remind yourself that you could be wrong, actively seek out such instances.
- Evaluate feedback in terms of actions and outcomes (not as reflections on you) in order to effectively adjust your course.
- Always ask questions! Value questions more than answers.

OVERALL



- Embrace the plasticity of your brain, your behavior, and your environment.
- Apply appropriate guidelines instead of blindly following rules.
- Whenever possible, choose curiosity over caution.

