

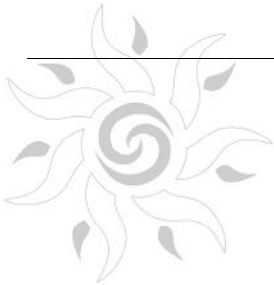
Desired Outcome: **Intention**



☐ Today (Day/Date) _____

☐ Event or Activity _____

Desired Outcome _____



Desired Outcome: **Reflection**

What Happened _____

Assessment/Takeaway _____

