



What Do You Want?

***It's difficult to get what you really want out of life
if you don't know what that is.***

Are you focused on going after the things that really matter to you—at a deep-down level? Or are you going after:

- *What you think you should want?*
- *What your friends want?*
- *What someone else wants for you?*
- *What you used to want?*
- *What you think everyone wants?*

If you don't take the time to identify what YOU want, you will keep going in the same direction, doing the same things, and getting the same results. Instead of creating a deeply satisfying life, you're likely to end up setting for:

- *What you think you need*
- *What you think you're capable of getting*
- *What you think you deserve*
- *What you think is practical or possible "in the real world"*

STOP SETTLING & START CREATING!

Create a more consistently satisfying life—as YOU define it—by identifying what you really want and training your brain to help you get it. In the What Do You Want? course, you will identify your Big-Picture Wants (also called higher order wants) and explore ways to get them.

Great class! It honestly changed my life. Looking at the list (of Big Picture Wants) when making decisions has been huge. —E.B.

8 sessions | 9 weeks

\$240⁰⁰

NOTE: The 4-hour *Wired that Way* workshop is a prerequisite for *What Do You Want?*

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